

Remove Barriers With 



 THERA TREE

creating access to happy, healthy, well-balanced lives

@TheraTreePeds



What Matters To Us

Mission

TheraTree's purpose is to support the whole child: mind, body and spirit. Our therapeutic services treat:

Minds by sprouting learning and strategies for life.

Bodies by cultivating strong, agile muscles and motor skills.

Spirits by planting the seeds of happiness and confidence to flourish.

Vision

TheraTree envisions a future rooted in **teamwork, community, education, and research.**

- Our forest consists of a **COMPREHENSIVE TEAM** providing Occupational Therapy, Speech Therapy, Physical Therapy, Behavior Therapy, and Mental Health Therapy to achieve its mission.
- We water seeds of unity in the **COMMUNITY** (Non-Profit: SPROUT)
- Valuing **EDUCATION**, clinicians mentor collegiate students who harvest cutting edge technology/strategies during their clinical rotations.
- Because **RESEARCH** ripens evidence based intervention, TheraTree enriches current research through pilot studies and case studies.

Values

These are the attributes we hold in highest regards for our staff, families, and communities. This is who we are:

Empowerment: Create an empowering context that removes barriers and gives rise to ideas. Designing what's possible creates a new future.

Responsibility: Responsibility as a declaration; to be at the source of and cause something. Responsibility is the magic that transforms ideas into reality.

Leadership: Lead by education and empowering others to act. A group that is aligned in its mission and purpose is powerful.

Integrity: Defined as the state of being whole and undivided .

- Act with Integrity: Integrity translates into action; keep and honor your word.
- You are whole and complete.



Thrive with a community of experts to consult, collaborate, and help patients together.

Occupational Therapy

OT providers are the experts on how a child participates in the daily occupations of life. From daily self care skills (like dressing, hygiene, and feeding) to engaging in the world around them (such as household management, community participation, roles, and routines) OT looks at what that child wants and needs to do in life. OT also identifies what performance skill is keeping a child from doing that task (motor skills, sensory, cognition etc) and addresses both the performance skill and functional task.

Speech & Language

Speech Language Pathologists (sometimes informally referred to as speech therapists) are the communication experts. SLPs address:

- Voice
- Fluency
- Cognition
- Language (expressive and receptive)
- Alternative & Adaptive Communication
- Swallowing and feeding.
- Social communication
- Sound production
- Hearing/aural skills

Physical Therapy

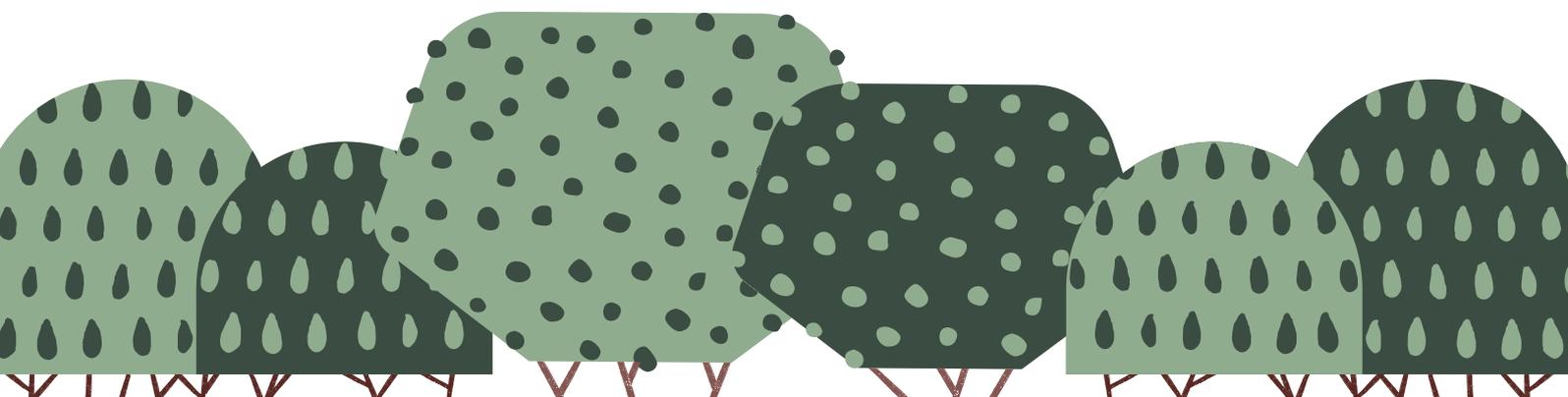
PT providers are the experts on muscles and movements of the body. PT addresses the physical dysfunctions a child is experiencing and remediates the challenge to support full participation. This includes: mobility, posture/positioning, motor skills (movement, development and function), strength, cardiopulmonary endurance, range of motion, decreasing pain, nerve function, orthotics prosthetics, and mobility equipment. In addition to developmental challenges, PT also rehabilitates new injuries.

Applied Behavior Analysis

Applied Behavior Analysis (ABA), sometimes referred to as behavior therapy, is based on the science of understanding and improving learning and behavior. Behavior analysis helps us understand how a child's behavior: works (what triggers it and what reinforces it), is affected by the environment and how optimal learning takes place. The goal is to increase behaviors that are helpful and decrease behaviors that are harmful or affect learning to increase maximum participation in life!

Mental Health Therapy

Mental Health Therapists are the experts in overcoming the thought barriers that limit people in their everyday life. Mental Health Therapists include Licensed Professional Clinical Counselors (LPCC), Licensed Marriage and Family Therapists (LMFT), and Licensed Clinical Social Workers (LCSW). Our mental health services are for both children and their parents. We understand that parenting can be stressful for anyone, and when your child has additional challenges, stress can grow exponentially. The therapist offers a safe space for a client to feel heard without judgement or criticism. Each client will have a "hands-on" approach to creating a plan that works best for them and their life. The goal is for the patient to live a life they love!



Community

Jayleigh is doing **big** things in occupational therapy. We have been working in previous weeks on getting her **comfortable** sitting on the therapy ball to do activity. Today Jayleigh was sitting on the ball and reaching in different planes to obtain pieces to a game! She was **happy** and **cheerful** for the duration of the activity. Jayleigh even layed supine on the ball to reach game pieces that were in the floor behind her. This was a task that was very scary for Jayleigh but today she was able to **overcome that fear** and laid back not once..but twice on the ball!!! We are so **proud** of this **accomplishment!** Great job Jayleigh!



"I **love** the **culture** we have built in our client services department. When someone walks into the front door they are greeted with a **smile** and a hello from the beginning. We want their experience to be **pleasant** and want to **help** put aside any **fears** or **anxiety** that the family/client may have. Their first priority is the child and family and it **shines** through. They are here to help in any way possible and to answer any questions that may arise." - Jamie, Client Services



Landon and Xander work together during their occupational therapy session focusing on **social** skills such as turn-taking, **sharing**, and conflict resolution. It is **important** for children to develop the skills they need to **play** and relate appropriately with their peers, as these interpersonal skills help children learn how to deal with conflict or challenging incidents, better **understand** their **emotions** and **social** roles, learn how to solve problems, and adjust to change.



"At TheraTree, I am one of the occupational therapists trained in **feeding**. SOS is one of the approaches I am trained in. I also **love** working on **feeding** because food and mealtime are a big part of our daily routines, holidays, and **experience** with others. Often times our clients have limited diets due to either not being able to process the foods and/or limited oral motor skills. Most of the time children who do not eat have something that is not working for their body. I am **excited** to be part of finding the **missing puzzle pieces** for these clients." Kaitlin, OTR/L



Winston has **improved** his verbal and social skills **tremendously** since beginning his treatment at TheraTree. This week we began working on statements, as Winston will verbalize one word indicators, but has not yet figured out how to put a statement together. Winston and his Therapist played with a toy dinosaur and practiced hugging the "stuffy" and verbalizing, "**I love you.**", "**You are so sweet.**". Within an hour, Winston began mimicking holding the dinosaur like a baby and verbalized, "**So, sweet!**". Way to go, Rockstar!

